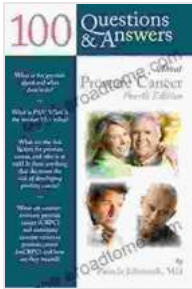


100 Preguntas Respuestas Sobre El Cancer De Prostata: The Ultimate Guide to Prostate Cancer



100 Preguntas Y Respuestas Sobre el Cancer de Prostata (100 Questions & Answers) by Pamela Ellsworth

★ ★ ★ ★ ☆ 4.6 out of 5

Language : English
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Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 267 pages



Prostate cancer is the most common cancer among men in the United States. It is a serious disease, but it is also one that can be successfully treated if it is caught early.

If you are concerned about prostate cancer, the best thing you can do is to talk to your doctor. They can answer your questions and help you decide if you need to be tested.

To help you get started, here are answers to 100 frequently asked questions about prostate cancer.

What is prostate cancer?

Prostate cancer is a cancer that starts in the prostate gland. The prostate gland is a small, walnut-sized gland that is located just below the bladder. It produces the fluid that makes up semen.

What are the risk factors for prostate cancer?

There are a number of risk factors for prostate cancer, including:

- Age: The risk of prostate cancer increases as you get older.
- Race: African American men are more likely to develop prostate cancer than men of other races.
- Family history: If you have a father or brother who has been diagnosed with prostate cancer, you are at an increased risk of developing the disease.
- Diet: A diet high in saturated fat and red meat may increase your risk of prostate cancer.
- Obesity: Obese men are more likely to develop prostate cancer than men who are not obese.

What are the symptoms of prostate cancer?

The symptoms of prostate cancer can vary depending on the stage of the disease. In the early stages, there may be no symptoms at all. As the cancer progresses, you may experience:

- Difficulty urinating
- Painful urination
- Frequent urination

- Blood in the urine or semen
- Pain in the lower back, pelvis, or thighs
- Erectile dysfunction

How is prostate cancer diagnosed?

Prostate cancer is diagnosed through a combination of tests, including:

- Digital rectal exam (DRE): A DRE is a physical exam in which the doctor inserts a finger into the rectum to feel the prostate gland.
- Prostate-specific antigen (PSA) test: A PSA test measures the level of PSA in the blood. PSA is a protein that is produced by the prostate gland. High levels of PSA can be a sign of prostate cancer.
- Biopsy: A biopsy is a procedure in which a small sample of tissue is removed from the prostate gland and examined under a microscope. A biopsy is the only way to definitively diagnose prostate cancer.

How is prostate cancer treated?

The treatment for prostate cancer depends on the stage of the disease.

Treatment options include:

- Surgery: Surgery is the most common treatment for prostate cancer. The goal of surgery is to remove the entire prostate gland.
- Radiation therapy: Radiation therapy uses high-energy beams to kill cancer cells. Radiation therapy can be used to treat prostate cancer that has not spread beyond the prostate gland.

- **Hormone therapy:** Hormone therapy is a treatment that uses hormones to slow the growth of cancer cells. Hormone therapy can be used to treat prostate cancer that has spread beyond the prostate gland.
- **Chemotherapy:** Chemotherapy is a treatment that uses drugs to kill cancer cells. Chemotherapy can be used to treat prostate cancer that has spread to other parts of the body.

What is the prognosis for prostate cancer?

The prognosis for prostate cancer depends on the stage of the disease at diagnosis. The earlier the cancer is diagnosed, the better the prognosis. The 5-year survival rate for prostate cancer is 98% for men who are diagnosed with early-stage disease.

Can prostate cancer be prevented?

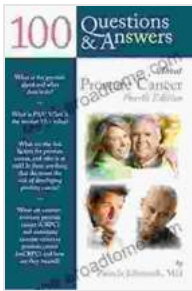
There is no sure way to prevent prostate cancer, but there are some things you can do to reduce your risk, such as:

- Eating a healthy diet
- Maintaining a healthy weight
- Exercising regularly
- Getting regular checkups

If you are concerned about prostate cancer, talk to your doctor

Prostate cancer is a serious disease, but it is also one that can be successfully treated if it is caught early. If you are concerned about prostate

cancer, the best thing you can do is to talk to your doctor. They can answer your questions and help you decide if you need to be tested.



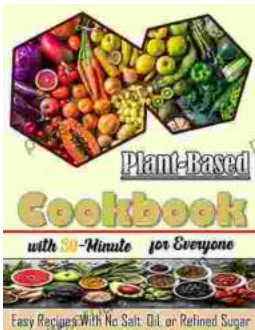
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