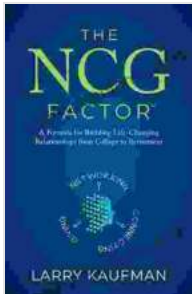


Formula for Building Life-Changing Relationships: From College to Retirement



The NCG Factor: A Formula for Building Life-Changing Relationships from College to Retirement by Larry Kaufman

★★★★☆ 4.9 out of 5

Language : English
File size : 1427 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 156 pages
Lending : Enabled



Relationships are essential to our happiness and well-being. They provide us with love, support, and companionship. They can also help us to learn and grow, and to achieve our goals.

But building and maintaining strong relationships can be challenging. This is especially true in today's fast-paced world, where we are often more connected to our devices than to each other.

That's where the Formula for Building Life-Changing Relationships comes in. This book will teach you how to build strong, lasting relationships at every stage of life, from college to retirement.

The Formula is based on the latest research on relationships. It provides a step-by-step plan for building and maintaining strong connections with your

friends, family, and romantic partners.

In this book, you will learn how to:

- Identify the key ingredients of a healthy relationship
- Build trust and intimacy
- Resolve conflict constructively
- Maintain relationships over time

The Formula for Building Life-Changing Relationships is a must-read for anyone who wants to build strong, lasting connections with the people they care about.

What Readers Are Saying

"This book is a game-changer! I've been married for 10 years, and I've never understood why I felt so disconnected from my husband. After reading this book, I finally understand what I was ng wrong. I'm now working on putting the Formula into practice, and I'm already seeing a big difference in my relationship." - Sarah, 35

"I've always been shy and introverted, but I knew I needed to change if I wanted to make real friends. This book gave me the confidence to start reaching out to people. I'm now in a much better place, and I have a group of close friends that I can always count on." - James, 22

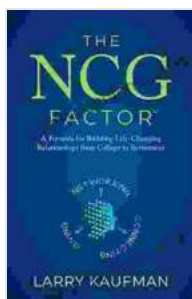
"I'm a single mom of two, and I've been struggling to build a support system. This book gave me the tools I needed to connect with other moms

and build a community of support. I'm so grateful for this book." - Jessica,
40

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