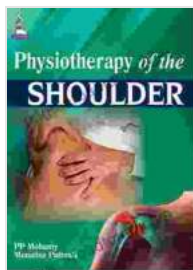


Physiotherapy of the Shoulder: The Ultimate Guide to Rehabilitation and Recovery

Physiotherapy of the Shoulder is the definitive guide to the rehabilitation of shoulder injuries. Written by a team of leading experts, this book provides a comprehensive overview of the latest techniques and approaches to shoulder rehabilitation.



Physiotherapy of the Shoulder

★★★★☆ 4 out of 5

Language : English

File size : 28290 KB



Whether you are a physiotherapist, an athlete, or someone who has suffered a shoulder injury, this book will provide you with the information you need to get back to full function and pain-free movement.

Inside Physiotherapy of the Shoulder, you will find:

- An overview of the anatomy of the shoulder joint
- A discussion of the common causes of shoulder pain and injuries
- A step-by-step guide to the rehabilitation of shoulder injuries
- Advice on how to prevent future shoulder injuries

With over 500 pages of content and more than 800 illustrations, Physiotherapy of the Shoulder is the most comprehensive resource available on the rehabilitation of shoulder injuries.

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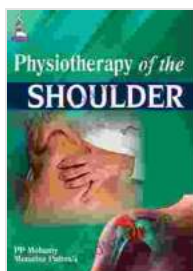
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2. Anatomy of the Shoulder Joint
3. Common Causes of Shoulder Pain and Injuries
4. Rehabilitation of Shoulder Injuries
5. Prevention of Future Shoulder Injuries

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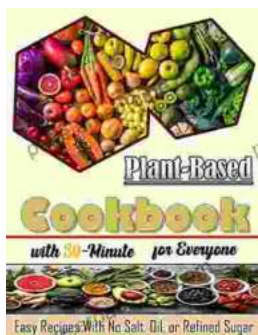
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